

# 2ND ANNUAL HEALTH FORUM

## APRIL 28, 2018

10:00AM to 2:00PM

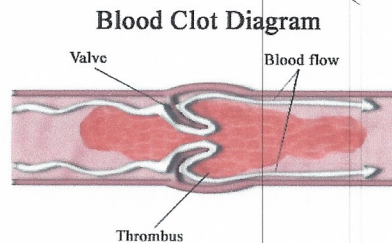
CHESTER SENIOR CENTER

1784 KINGS HIGHWAY

CHESTER, NEW YORK 10918

(BEHIND THE PUBLIC LIBRARY BUILDING)

FREE ADMISSION REFRESHMENTS



DEEP VEIN THROMBOSIS (DVT) PULMONARY EMBOLISM (PE)

**FACT:** EVERY (1) MINUTE SOMEONE IS DIAGNOSED WITH A BLOOD CLOT

EVERY 6 MINUTES SOMEONE DIES FROM A BLOOD CLOT

**SPONSORS:**

**CHESTER DEMOCRATIC COMMITTEE**

**ALLSTATE INSURANCE OF MIDDLETOWN/ ALAN TURKEN**

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**PRESENTATION TOPICS:**

DEEP VEIN THROMBOSIS, PULMONARY EMBOLISM, STROKES, HEART ATTACK, PRE & POST NATAL SURGERIES, IMMOBILITY, SOME CANCERS, (For women its across their life span. Childbirth thru post menopausal hormone replacement therapy)

Question and Answer period will follow.

Doors open at 9:45am

1st Speaker at 10:15am

Materials provided by American Heart & Stroke Association / National Blood Clot Alliance./Mt Sinai Health System NYC

ARE YOU IN PARTNERSHIP WITH YOUR PHYSICIAN? WHAT PLAN HAS HE/SHE OUTLINED TO YOU IN ORDER TO KEEP YOU HEALTHY? WHAT QUESTIONS DO YOU ASK YOUR PHYSICIAN AFTER YOUR BLOOD TEST RESULTS ARE READ TO YOU? HOW HEALTHY ARE YOU FEELING?

THIS IS A FUNDRAISER (NO DONATIONS IS TOO SMALL) EVERY LITTLE BIT HELPS TO SAVE A LIFE. MAKE CHECKS PAYABLE TO: THE NATIONAL BLOOD CLOT ALLIANCE

**FOR MORE INFORMATION OR TO REGISTER EMAIL US:**

**[chesterdemocraticcommittee@gmail.com](mailto:chesterdemocraticcommittee@gmail.com) OR CALL: T. LEWIS AT (845) 469-8231**