

Measles is still spreading and can be dangerous.

Here's how we all can help.



Passover is a time that brings family and friends together from near and far. But, this year it is possible that these gatherings could help measles continue to spread.

Measles is very contagious and can be dangerous to anyone who is not vaccinated especially pregnant women, children under the age of 6 months who are too young to be vaccinated, and those who have weak immune systems.

Here's what we can do:

Everyone who feels sick must stay away from others in case they have measles.

Know the signs and symptoms of measles.

Symptoms usually appear 7-14 days after exposure but can take as long as 21 days.

The first symptoms may include:

- High fever
- Cough
- Runny nose
- Red watery eyes
- Rash of small red spots — some are slightly raised. The rash usually appears 2 to 4 days after the fever begins. The rash lasts 5 to 6 days.

If a family member or friend has any of these symptoms, it is critical that you notify the local health department right away. Steps should be taken immediately to stay away from others to keep them from getting sick. If medical attention is needed, please call ahead before going to a health care provider so others are not exposed.

Together, we can help everyone stay safe and healthy during and after Passover.

Questions about measles or the vaccine?

Call **888-364-4837**

Monday-Friday, 9 am-5 pm

health.ny.gov/measles



Department of Health