

# REGIONAL FOOD BANK

In 2025, the Food Bank distributed **53.3 million pounds** of food, the equivalent of **more than 44 million meals**.

In our service area, **12.2%** of our local neighbors are **food insecure**. That's **over 355,000 individuals**, including **over 88,000 children**.

The Food Bank serves **23 counties** in New York with the help of **29,000 volunteers** and **1,000 partner agencies and programs**.

## HOW CAN I GIVE OR GET HELP?



### VOLUNTEER

Scan here to volunteer at any of our locations!



### DONATE

Scan here to donate either food or funds!



### FIND FOOD

Scan here to find a program or partner agency near you!



Visit [regionalfoodbank.net](http://regionalfoodbank.net) for more information